



## Skipjack Tuna

Skipjack tuna is found worldwide in tropical and subtropical waters and is a highly migratory schooling species. The skipjack generally weighs between 7 and 15 pounds and is targeted by specialized fleets that process and freeze on board. Cannon Fish imports high-quality skipjack from around the world year-round. This rich, tender, and delicately full-flavored, hearty fish is extremely popular because of its versatility in the kitchen. Skipjack has become increasingly popular among chefs in recent years as a substitute for yellowfin tuna.

\* For custom product information, please contact your Cannon Fish Company sales representative.

**Common Name** Skipjack tuna

**Market Name** Tuna

**Scientific Name** *Katsuwonus pelamis*

### PRODUCT INFORMATION

#### Loins (skinless)

- Sizes: 1-lb. / 1- to 2-lb.
- Pack Types: Vacuum-Packed
- Pack Sizes: 25-lb. / 50-lb. / Custom-Packed



#### Recipes

Provencale Grilled Tuna

Tuna Grilled Korean-Style

Tuna Kabobs with Fresh Lime Sauce

#### Nutritional Facts

Serving Size: 3.5 oz. (raw)

Calories: 103

Fat Calories: 9.1

Total Fat: 1.01 g

Cholesterol: 47 mg

Protein: 22.0 g

Iron: 1.25 mg

Sodium: 37 mg

